



ACT Child & Youth Mental Health Sector Alliance

The Office for
Mental Health
and Wellbeing



ACT
Government
Health



youth
coalition
of the ACT

phn
ACT

An Australian Government Initiative

**Capital
Health
Network**
Partnering for better health

Coordinating Committee

23 April 2026

Backbone Support & Governance

- Coordinating Committee: Cross-sector & lived experience
- Lead Agencies: Secretariat / Coordination

Strategic Coordination / Collaboration

- Biannual Forums
- Youth Reference Group
- Alliance Working Group(s): Progressing specific issues

Practice, Info-sharing and Connection

- Community of Practice
- Communications: website, eBulletins

Alliance activities: February - April 2026



- **Third session delivered in the 'JCR' Trial: a Community of Practice initiative**
 - Led by Families ACT - reflective practice sessions for practitioners working with children, young people and families
 - Third session was fully booked with a waiting list
 - Final session in May 2026 (focused on child protection system)
- **Community of Practice – 6 May 2026:** Focus on information-sharing.
- **Alliance Forum - 18 June 2026:** 59 Cameron Ave Events Centre, in Belconnen
- **Issues Register:** 'Bridging Paper' to support transitioning to a new Register (for discussion today).
- **Communications:** Website review underway; e-Bulletins ongoing.

Current Working Group Projects



Priority 1:

Improving children, young people and families' experiences of mental health services

PROJECT 1:

Supporting service readiness to collect and use client feedback from children, young people and families, for service improvement.

Priority 2:

Improving service and system responses for children and young people with mental health concerns, and complex, co-occurring concerns

PROJECT 2:

Informed consent, privacy and information-sharing of children and young people, between (a) services and (b) services and families.

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Project 1: Collecting and using client feedback



Consultations:

- Forum
- Working Group
- Youth Reference Group

Values and benefits
Challenges
Ethical considerations
Variations for children, and young people

ANU Reviews:

1. Best practice principles and processes for collecting and using feedback from young people
2. Patient-Reported Experience Measures (PREMs) for Young People

Findings:

Available on Alliance website (QR code)

Presented to the Working Group

Presented at the December Alliance Forum

Interest in:

1. Practical guidance for services
2. PREMs for parent/carers
3. Potential 'bespoke' child/youth PREM.

WE ARE HERE

Progressing contract with ANU for items 1 & 2



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Informed consent, privacy and information-sharing of children and young people, between (a) services and (b) services and families.

Project 2: Info-sharing, privacy and consent



Literature Review #3:

Young people's preferences for processes related to informed consent to share information with other services, and/or with families and carers

Dr Alyssa Morse, ANU

COMPLETED

Scoping and 'Translation' Review:

Of relevant legislation and policy related to info-sharing and privacy; and production of an 'easy to read' resource

Dr Ginny Sargent

DELAYED



YRG Update



- **Consultations**
 - National Listening Report for the United Nations Youth Representative
- **Outreach:** Sunset Festival during Youth Week
- **Youth at Risk Project and Service**
 - Service consultations and launch event
 - Evaluation advisory group
- **Our Say – Version 2.0**
- **Planning YRG Bulletin**

